

Week 7 – Mother’s Day

Monday	Tuesday	Wednesday	Thursday	Friday
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Movement	<p><u>Play:</u></p> <ul style="list-style-type: none"> • Simon Says • Red Light, Green Light • Red Rover • Duck, Duck, Goose <p>Any other games you remember?</p>	<p><u>Create a maze with chalk/tape:</u></p> <p>Pick-up/put down different items at each turn – easy to difficult (a bean bag, a glass of water, a bucket of sand, a dime (with tongs!))</p>	<p><u>Relay Obstacle Course</u></p> <p>Around objects Requires a careful hand-off Start with easy – a stick, beanbag, pillow Then make more challenging – beans on a spoon, or water, or an egg!</p>	<p><u>Walking the Line</u> (at home) With music –</p> <ul style="list-style-type: none"> • March • Sideways (crab) • Toe-to-toe • Backwards 	<p><u>Move like an animal – this time to music:</u></p> <ul style="list-style-type: none"> • Video with Ms. Dyanna • cat, frog, bear, monkey, and hummingbird <p>What other animals can you think of?</p>
Sensorial/Language	<p><u>Focus on sense of touch:</u></p> <p>Blindfold (or close eyes)</p> <ul style="list-style-type: none"> • Describe • Guess what it is <p>Familiar objects to start (key, Lego, spoon), then ooey, gooey (spaghetti), or rough and smooth, etc.</p>	<p><u>Prepositions (location)</u></p> <ul style="list-style-type: none"> • Ms. Ninfa and her Ninfa doll video • Find your own locations (places) to put your doll or favorite toy • Post on Facebook with caption 	<p><u>Grading</u></p> <p>Find 10 containers of different sizes Nest them inside each other If possible, stack them</p>	<p><u>Clapping patterns with echo</u></p> <ul style="list-style-type: none"> • Clap a pattern then have others clap back • Start with simple, then move to more complex • Clapping can include on knees 	<p><u>Mirror clapping</u></p> <ul style="list-style-type: none"> • Patty-cake • Say, say oh playmate • Miss Mary Mack • A ram sam sam <p>(There are many others online)</p>
Culture/ Science/ODE	<p><u>Nature walk or scavenger hunt:</u></p> <p>Find or see (checklist)</p> <ul style="list-style-type: none"> • Bird/feather • Cloud • Leaf • Bug 	<p><u>Sink and float</u></p> <p>In a tub, bowl, or even a pool (if you can dive) 10+ items Foil and cork if possible – guess what will happen – record – in words or pictures</p>	<p>Do you remember hopscotch? Teach your child Jumping rope can begin with jumping over a rope that is on the floor and progress from there</p>	<p>Bubble-making Make recipe from below Find kitchen items with holes in them and create bubbles</p>	<p>Kite making with Ms. Jill video</p>

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Mindfulness	-Hold your favorite pebble -Breathe in – breathe out (3 times) -Close your eyes -Imagine a peaceful place	-Build a fort -Choose a pebble -Lie down in fort -Place pebble on tummy -Place hands over pebble -Feel the rise and fall of tummy as you breathe in and breathe out	-Share your fort and pebbles with family -see yesterday’s posting	Find your own special pebble This will be your gratitude pebble. Each evening, hold your gratitude pebble and say 3 things you are grateful/thankful for: “I am thankful for my family.”	<u><i>Peaceful time with Mom</i></u> -Find a quiet place for 2 -Place a pebble in each open palm -Have mom place hands on top of yours -Breathe together
Story time • watch, listen, and talk about	Ms. Jess – <i>Race Car Count</i> (with craft) (toddler playlist)	Ms. Dyanna- <i>Day and Night</i>	Ms. Shannon – <i>I am Enough</i>	Ms. Cynthia – <i>Mama, Do You Love Me?</i>	M, Ninfa – <i>That’s Me Loving You</i>
Practical Life	Gross motor work: Wash something for mom • car • windows	Strawberry craft with Ms. Meredith	Mother’s Day charm/ necklace with Ms. Dyanna	Strawberry muffins with Ms. Demitria video	Coloring pages for Mother’s Day and a card (in packet)

- **Walking the Line** –. *Music can add pacing and toe-to-toe additional balance and focus.*

Language

- Sounds – refer to week 3 – I Spy, Rhyming, Tongue Twisters
- Storytime – refer to Week 3 How to Prompt Children and Helping Your Emergent Reader
- Vocabulary – do they know what special words mean? For example – gratitude

Bubble recipe – in a bowl filled with 1 ½ cups of water, add ½ cup of dish soap and 2 teaspoons of sugar. Gently mix. Make bubbles.

Of all things, love is the most potent...Maria Montessori