

Week 8 - Ladybugs

| Monday | Tuesday | Wednesday | Thursday | Friday |
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| Movement | <p><u>Fine motor:</u> Clean a toy using an old toothbrush and soap and water</p> | <p><u>Ladybug dance:</u> Watch video with Ms. Ninfa and Shannon - Learn the words and dance along!</p> | <p><u>Find Something to:</u></p> <ul style="list-style-type: none"> • Crawl under • Hop over • Crawl around • Stand between • Jump up and tag | <p>Can you:</p> <ul style="list-style-type: none"> • Gallop • Skip • Hop on 2 feet • Hop on 1 foot <p>How far can you jump?</p> <ul style="list-style-type: none"> • Standing still • Running first | <p><u>Play:</u> With a ball, Frisbee, hula hoop, jump rope etc.</p> |
| Sensorial/Language | <p>In honor of ladybugs, what things can you find in your house or yard that begin with the same sound as ladybug? "l"</p> | <p>Clap your hands as loudly as you can. Now a little softer. Softer. Even softer. As soft as you can. Now, a little louder. Louder. Even louder. As loud as you can. What else can you do this activity with? Spoons? Stomping your feet?</p> | <p>What sound (not letter) does your name start with? What can you find in your house or yard that begins with the same sound?</p> | <p>Rhyming: What words can you think of that rhyme with:</p> <ul style="list-style-type: none"> • bug • dot • red • leg | <p>Sort something by color or size:</p> <ul style="list-style-type: none"> • LEGOS • buttons • coins • hair ties, bows, elastics • rocks • beads |
| Culture/ Science/ODE | <p>Go on a bug hunt. Observe any bugs you find. What do you think it is doing?</p> | <p><u>Watch:</u> Life Cycle of Ladybug video with (Ms. Ninfa)</p> | <p>Ladybug life cycle - (ladybug packet link) Color, cut, and paste</p> | <p>Check your yard for anything that needs tidying or picking up. Pick up leaves or sticks and put in a bag</p> | <p>Lady bug lifecycle coloring pages – (print from link)</p> |

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| <p>Mindfulness</p> | <p>Lie on your back with your eyes closed and your palms facing the ceiling. Make sure your legs are not crossed. Take a deep breath and slowly release it. Do that 2 more times. Keeping your eyes closed, listen for sounds you have not noticed before.</p> | <p>Collect and spend time with rocks from your yard.</p> <ul style="list-style-type: none"> • Can you make a path with them? • A wall? • Can you stack them? | <p>What can you do to help someone today?</p> | <p>Think of someone you would like to thank for something. What do you want to thank them for? Draw a picture thanking them</p> | <p>Set a timer for one minute. Sit with your legs crossed and eyes closed. See if you can make silence for one whole minute.</p> |
| <p>Story time</p> <ul style="list-style-type: none"> • watch, listen, and talk about | <p>Ms. Jess – <i>I Went Walking</i> (toddler playlist)</p> | <p>Ms. Ninfa – <i>Ladybugs</i></p> | <p>Ms. Dyanna – <i>Beautiful Bugs</i></p> | <p>Ms. Shannon – <i>From Egg to Robin</i></p> | <p>Ms. Cynthia – <i>Peace is an Offering</i></p> |
| <p>Practical Life</p> | <p>Wash/scrub an outdoor chair, table, or pot</p> | <p>Make gazpacho with Ms. Mandeep (video) (recipe and coloring – print from link)</p> | <p>Clean some baseboards with a damp sponge or cloth.</p> | <p>Ladybug dot art – (print from link)</p> | <p>Make ladybug pancakes with Ms. Demi (video)</p> |

Language

- Sounds – refer to week 3 – I Spy, Rhyming, Tongue Twisters
- Storytime – refer to Week 3 How to Prompt Children and Helping Your Emergent Reader
- Vocabulary – do they know what special words mean? For example – gazpacho, damp, or baseboards

Children become like the things they love...Maria Montessori