

Week 8 - Ladybugs

Monday	Tuesday	Wednesday	Thursday	Friday
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Movement	<u><i>Fine motor:</i></u> Clean a toy using an old toothbrush and soap and water	<u><i>Ladybug dance:</i></u> Watch video with Ms. Ninfa and Shannon - Learn the words and dance along!	<u><i>Find Something to:</i></u> <ul style="list-style-type: none"> • Crawl under • Hop over • Crawl around • Stand between • Jump up and tag 	Can you: <ul style="list-style-type: none"> • Gallop • Skip • Hop on 2 feet • Hop on 1 foot How far can you jump? <ul style="list-style-type: none"> • Standing still • Running first 	<u><i>Play:</i></u> With a ball, Frisbee, hula hoop, jump rope etc.
Sensorial/Language	In honor of ladybugs, what things can you find in your house or yard that begin with the same sound as ladybug? "l"	Clap your hands as loudly as you can. Now a little softer. Softer. Even softer. As soft as you can. Now, a little louder. Louder. Even louder. As loud as you can. What else can you do this activity with? Spoons? Stomping your feet?	What sound (not letter) does your name start with? What can you find in your house or yard that begins with the same sound?	Rhyming: What words can you think of that rhyme with: <ul style="list-style-type: none"> • bug • dot • red • leg 	Sort something by color or size: <ul style="list-style-type: none"> • LEGOS • buttons • coins • hair ties, bows, elastics • rocks • beads
Culture/ Science/ODE	Go on a bug hunt. Observe any bugs you find. What do you think it is doing?	<u><i>Watch:</i></u> Life Cycle of Ladybug video with (Ms. Ninfa)	Ladybug life cycle - (ladybug packet link) Color, cut, and paste	Check your yard for anything that needs tidying or picking up. Pick up leaves or sticks and put in a bag	Lady bug lifecycle coloring pages – (print from link)

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Mindfulness	Lie on your back with your eyes closed and your palms facing the ceiling. Make sure your legs are not crossed. Take a deep breath and slowly release it. Do that 2 more times. Keeping your eyes closed, listen for sounds you have not noticed before.	Collect and spend time with rocks from your yard. <ul style="list-style-type: none"> • Can you make a path with them? • A wall? • Can you stack them? 	What can you do to help someone today?	Think of someone you would like to thank for something. What do you want to thank them for? Draw a picture thanking them	Set a timer for one minute. Sit with your legs crossed and eyes closed. See if you can make silence for one whole minute.
Story time <ul style="list-style-type: none"> • watch, listen, and talk about 	Ms. Jess – <i>I Went Walking</i> (toddler playlist)	Ms. Ninfa – <i>Ladybugs</i>	Ms. Dyanna – <i>Beautiful Bugs</i>	Ms. Shannon – <i>From Egg to Robin</i>	Ms. Cynthia– <i>Peace is an Offering</i>
Practical Life	Wash/scrub an outdoor chair, table, or pot	Make gazpacho with Ms. Mandeep (video) (recipe and coloring – print from link)	Clean some baseboards with a damp sponge or cloth.	Ladybug dot art – (print from link)	Make ladybug pancakes with Ms. Demi (video)

Language

- Sounds – refer to week 3 – I Spy, Rhyming, Tongue Twisters
- Storytime – refer to Week 3 How to Prompt Children and Helping Your Emergent Reader
- Vocabulary – do they know what special words mean? For example – gazpacho, damp, or baseboards

Children become like the things they love...Maria Montessori