HOWTO explain STAY-AT-HOME orders to our young children

By Angie Ma

There is a virus called covID19 that can make some people very sick.



We are staying healthy and safe. If we get sick, doctors can help us.

angie ma

We can be helpers. When we stay home, we are helping.



for a while

When people get together,
more people can get sick.
When we all stay home,
more people can
stay well.
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## Even when we can't gather, we can share music, tove, and kindness.



We can say thank you to doctors, nurses and people working was to help us all.

When things change a lot, it can feel really hard,



but I can help you if you're having strong feelings or things just get out of whack!

- Angie Ma

What questions do you have?



When you're feeling unsure you can always ask.
In our family, we love and hetp eachother.

Angie Ma