

PHONETIC SOUNDS OF THE LETTERS

a	<i>apple</i>	widen your jaws then lift your tongue and pull it back while using your voice.
b	<i>bird</i>	send your breath through your lips and sound it in your throat.
c	<i>cat</i>	tap back of tongue against soft palate, tip of tongue on floor of mouth, send your breath quickly.
d	<i>doll</i>	press the tip of your tongue lightly behind your upper teeth and use your voice.
e	<i>elf</i>	let your tongue push against lower teeth, open mouth and use your voice.
f	<i>feather</i>	scratch your lower lip against your upper teeth and blow lightly at the same time.
g	<i>goose</i>	tap back of tongue against soft palate, tip of tongue on floor of mouth, now use your voice.
h	<i>hat</i>	open your lips and send a quiet puff of breath through them
i	<i>igloo</i>	open your mouth slightly, let tongue rest on sides of upper teeth and use your voice.
j	<i>jug</i>	press tip of tongue against gum ridge, release air slowly.
k	<i>kite</i>	tap back of tongue against soft palate, tip of tongue on floor of mouth, send your breath out quickly.
L	<i>lock</i>	lightly press the tip of your tongue against your gum ridge, use your voice and vocal cords will vibrate.
m	<i>mittens</i>	place lips together and use your breath, make a humming sound, the sound comes through your nose.
n	<i>net</i>	press tip of tongue against your hard palate, part your teeth and lips and let air pass through your nose.
o	<i>ostrich</i>	open mouth, let tongue lay on floor of mouth, and use your voice.
p	<i>pumpkin</i>	press lips together, send little puffs of breath between lips, place hand in front of lips and feel dry puffs.
q	<i>quarter</i>	two sound: sounds k and w close together, always followed by a "u".
r	<i>ring</i>	raise the tip of your tongue a little and then curl it back and use your voice.
s	<i>seven</i>	hide your tongue behind your lower front teeth, let your lips smile and blow.
t	<i>tea</i>	press the tip of your tongue lightly behind your upper teeth and use your breath.

u	umpire	let tongue lay on floor of mouth with tip against lower teeth, open mouth, and use your voice.
v	violin	scratch your lower lip against your upper teeth and use your voice.
w	water	make your lips round and say "oo" like the wind.
x	box	2 sounds: just use your breath and sound k and s.
y (y)	yellow	press tongue against sides of teeth, part lips and draw them back slightly, use your voice.
z	zebra	hide your tongue behind your lower front teeth, let your lips smile, now blow and use your voice.